


### Good practices in the Green Office tutoring process

<b>Good practice title</b>	Taking lunch from the cafeteria with your own plate
<b>Good practice photo(s)</b>	
<b>Name of Office</b>	EAS – Enterprise Estonia
<b>Type of Office (sector)</b>	Institution for entrepreneurship
<b>Website</b>	<a href="http://www.eas.ee">www.eas.ee</a>
<b>Country</b>	Estonia
<b>Tutor name</b>	Evelin-Urbel Piirsalu
<b>Environmental aspect/management aspect</b>	Waste, involving employees
<b>Description of good practice (max 250 characters), including the aim of the activity; indicator(s); used measures and tools; results and achievements; communication related activities.</b>	<p>EAS employees buy their lunch from the cafeteria which is located in the same building as their office, but they often prefer to eat in the office kitchen. Instead of taking take-away with disposable lunch boxes, EAS employees use their own plates to pick up lunch.</p> <p>The aim of the activity is to reduce the consumption of natural resources and the generation of waste.</p> <p>The measures taken to reach the goal were to be a role model/set a good example and effective communication of the activity.</p> <p>Since the good practice is still in the beginning phase, it's yet too early to see the results, but setting a good example is a far better way to spread ideals than through force of arms.</p>

<b>Cost/payback period</b>	-
<b>Challenges in implementation</b>	The biggest challenges were changing human behavior and communication of the activity.
<b>Replicability (yes/no)</b>	